

Swiss, Czech and Scandinavian Dominance in the JEC Sprint

Today's sprint race of the Junior European Cup on the premises of the Bad Gottleuba Health Clinic bore testimony to the top condition especially of the runners from Switzerland, Denmark, Norway and Czech Republic.

Typical autumn weather and the courses on the steep terrain interspersed with banks of up to 3 meters height, covered in wet autumn leaves and slippery meadows, staircases and streets made the search for the controls mainly a search for the right balance. On all four courses, the wooded and park areas had to be passed several times and additionally some quick decisions about the ideal route around the clinic buildings were necessary. The simultaneous start in all four categories and a start interval of one minute made it necessary to keep concentration on a high level and ignore any distraction from other runners coming from all directions. The courses with many free-standing controls laid in the health resort also offered spectators exciting insights into the competition. The most impressive result of today was the performance of the Swiss runners who won both junior classes and in class W20 even fought out all three first places between themselves. With the exception of class M18, all other classes saw only runners from the four nations Switzerland, Czech Republic, Denmark and Norway on the rostrum and in the diploma categories which promises to lead to an exciting nations ranking fight in the long distance and relay races.

Women-18 (2.1km / 90m climb / 20C)

1 st Emma Klingenberg	DEN	16:18
2 nd Tereza Novotna	CZE	16:24
3 rd Sarina Jenzer	SUI	16:41

Women-20 (2.4km / 90m climb / 17C)

1 st Fiona Kirk	SUI	16:41
2 nd Sophie Tritschler	SUI	17:40
3 rd Brigitta Mathys	SUI	17:41

Men-18 (2.5km / 100m climb / 18C)

1 st Pavel Kubat	CZE	15:03
2 nd Hakon Westergard	NOR	15:09
3 rd Peter Hodkinson	GBR	15:28

Men-20 (2.8km / 130m climb / 19C)

1 st Matthias Kyburz	SUI	15:49
3 rd Soren Bobach	DEN	16:09
3 rd Ulf Forseth Indgaard	NOR	16:48

Website: <http://jec2009.de/>